



## **In vitro Anti Inflammatory Activity of *Abies webbiana* Using Albumin Denaturation Assay**

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### **Authors' contributions**

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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### **ABSTRACT**

**Background:** In ayurveda, many natural plant components are used to treat inflammatory conditions for centuries with less side effects. Different parts of *Abies webbiana* plant are used in ayurveda for many diseases. However, very few studies have been conducted to evaluate pharmacological effects of *Abies webbiana*.

**Aim:** The objective of this in vitro study was to analyse and compare the anti-inflammatory properties of *A. webbiana* at various concentrations using albumin denaturation assay.

**Methodology:** A ready made powder of *A. webbiana* was mixed with 100 ml of distilled water and boiled for 10 mins the extract was obtained by filtration. The anti-inflammatory activity was done using albumin denaturation assay and Diclofenac sodium was used as a positive control. Serial dilution from 10 µL, 20 µL, 30 µL, 40 µL and 50 µL was performed for *A. webbiana* and the reference drug reaction mixture was prepared for albumin denaturation assay. All the data was analysed statistically using SPSS version 23 (IBM). Unpaired t test was used for comparison with the positive control and one-way Anova followed by Tukey's post hoc test were used for the comparison between different concentrations.

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**Results:** The current study revealed that *A. webbbiana* extract had potent anti-inflammatory activity at all the tested concentrations but was significantly lesser when compared to the standard ( $p < 0.05$ ). It was also evident that the absorbance rate of *A. webbbiana* significantly increased with the increase in concentration of the extract ( $p < 0.05$ ). However, the absorbance rate at 50  $\mu$ L of both standard and *A. webbbiana* were almost similar.

**Conclusion:** It can be concluded from the present findings that the leaves of *A. webbbiana* possess concentration-dependent anti-inflammatory property but is comparatively lesser than Diclofenac sodium.

**Keywords:** Albumin; denaturation assay; anti inflammatory activity; *Abies webbbiana*.

## 1. INTRODUCTION

Inflammation is a protective mechanism that protects the body against infections from toxic chemical allergens or any other harmful stimuli [1,2]. At the same time when it is unrestrained, it can lead to damage, disease or destruction portrayed by redness, pain, swelling and disturbed psychological functions [3]. It is the physiological response to a variety of injuries or insults, including heat, chemical agents and even bacterial infection. In the acute phase of inflammation, the response is very rapid and short duration [4]. However, if the insult or injury is not resolved, the response becomes chronic, which is considered as a non-physiologic or pathologic condition [5]. In the presence of chronic inflammation, the adaptive immune response is activated with the involvement of the cellular and non-cellular mechanisms of acquired immunity [6].

Knowledge of how immune mechanisms and inflammatory responses are regulated is important for understanding the pathogenesis of complex diseases, such as periodontitis [7]. The pathogenesis of periodontal diseases is mediated by the inflammatory response to bacteria in the dental biofilm [8]. The two common diseases affecting the periodontium are gingivitis and periodontitis [9]. Gingivitis is defined as the inflammation of the gingiva in which the connective tissue attachment to the tooth remains at its original level. The disease is limited to the soft-tissue compartment of the gingival epithelium and connective tissue [10]. Periodontitis is the inflammation of the supporting tissues of the teeth with progressive attachment loss and bone destruction [4].

Chronic inflammation and oxidative stress can have both systemic and local effects [11]. For example, in atherosclerosis where thickening of the arteries, chronic inflammation of blood vessel walls can result in plaque buildup in the arteries,

arterial or vascular blockages, and heart disease [12]. Chronic inflammation also plays a significant role in other diseases and conditions such as chronic pain, poor sleep quality, obesity, physical impairment, and overall decreased quality of life. Inflammation can often be treated with nonsteroidal anti-inflammatory drugs (NSAIDs) such as aspirin and ibuprofen and corticosteroids like cortisol. However, there are potential risks associated with chronic use of NSAIDs including Gastrointestinal, renal, cerebrovascular, and Central nervous system adverse effects [13]. On the other hand the adverse effects of corticosteroids are extensive and can involve many organ systems. Short-term use of corticosteroids is associated with mild side effects and long-term use can result in severe adverse effects, some of which are irreversible [14]. Recently, plants as a source of medicine are gaining popularity because of their natural origin, availability in local communities, cheaper to purchase, ease of administration, and perhaps have less side effects. Herbal medicine may also be useful alternative treatment in case of numerous side effects and drug resistance [15,16,17].

*Abies webbbiana* is called thalisa pathri in Tamil, thalisapathra or patradhham in Sanskrit and yew or Himalayan silver in English [18,19]. This lofty fir is widely distributed on higher ranges of Himalayan regions from Kashmir to Assam states in India [20,21]. It is a tall evergreen coniferous tree grown up to 60m with strong brown hair. *A. webbbiana* leaf has been reported to exhibit antibacterial, antifungal, mast cell stabilizing, anxiolytic, antitumour, anti inflammatory, antitussive anti fertility, antispasmodic properties, central nervous system depressant activity and effective against hypoglycemia rheumatism [18,20,22]. Bronchodilation and antiplatelet activities of *A. Webbbiana* were investigated and evaluated for the antioxidant and antimicrobial activity of *A. Webbbiana* extract [23,24]. In addition, effect of *A. webbbiana* leaf extract on

bleeding time and inflammation was analysed [18,22,25].

Our team has extensive knowledge and research experience that has translate into high quality publications [26–38,39–43,44,45]. This study was designed to determine anti-inflammatory activity of *Abies Webbiana* and also compare the same with a known non steroidal anti inflammatory drug at different concentrations [46, 47,48,49].

## 2. MATERIALS AND METHODS

### 2.1 Collection of Plants Materials and Extract Preparation

*A. webbiana* powder was obtained ready made. It was mixed with 100 ml of distilled water in a conical flask and kept on a stirrer for 2-3 days for the extract preparation. The conical flask was then kept at room temperature for 15 minutes and later kept at 80°C for 20 minutes. The extract was filtered using a filter paper. Thereafter, it was stored in the refrigerator.

### 2.2 Preparation of Reference Drugs (Positive Control / STD)

NSAID (Diclofenac) was used as a reference drug. Diclofenac was crushed into fine powder. About 0.2g of Diclofenac sodium drug powder was measured using a digital analytical balance and was added to 20 ml of distilled water respectively. The solution was mixed well using a vortex.

### 2.3 Sample Preparation

The different concentrations of 10 $\mu$ L, 20  $\mu$ L, 30  $\mu$ L, 40  $\mu$ L and 50  $\mu$ L were prepared for *A. webbiana* and the reference drug, the reaction mixture was formulated for albumin denaturation assay.

### 2.4 Inhibition of Protein Denaturation

In this study, we have used albumin denaturation assay as an indirect measure against inflammation. Reaction mixture was incubated in the water bath at 37°C for 15-20 minutes and kept at room temperature for 10 minutes. A colourimeter measured the absorption of the reaction mixture before and after denaturation was measured for each concentration (10  $\mu$ L, 20

$\mu$ L, 30  $\mu$ L, 40  $\mu$ L, 50  $\mu$ L) at 680 nm. Each test was repeated thrice, and the mean absorbance was recorded.

## 2.5 Statistical Analysis

All the data were analysed statistically using SPSS version 23 (IBM). An unpaired t test was done to compare the mean absorbance of the plant extract (*A. webbiana*) with the reference drug (Diclofenac sodium). One Way Anova test followed by Tukey's post hoc test were done to compare the efficacy of *A. webbiana* at different concentrations. The difference was considered to be statistically significant when  $p < 0.05$ .

## 3. RESULTS

The current study showed that the anti-inflammatory activity of *A. webbiana* was significantly lesser when compared to the standard (Fig. 1). ANOVA test was done to compare *A. webbiana* and the standard and results showed statistical significance ( $p < 0.05$ ). The comparison of different concentrations revealed that the efficacy of *A. webbiana* significantly increased with an increase in the concentration of the extract (Fig. 2). The post hoc test was done to compare the mean absorbance rate of the extract at different concentrations, and the results were found to be statistically significant ( $p < 0.05$ ).

The bar graph compares the mean absorbance of the standard and *Abbies webbina* at various concentrations. The X-axis represents the concentration in units of  $\mu$ L and the Y-axis represents the mean absorbance. Blue represents the standard and green represents *A. webbina*. The graph shows that the mean absorbance of *A. webbiana* is significantly lesser when compared to the standard at all the concentrations even though the magnitude of difference was lesser at higher concentrations ( $p < 0.05$ ) (unpaired t test).

The figure shows the mean absorbance of *A. webbiana* at different concentrations. The X-axis represents the group (different concentrations of *A. webbiana*) and the Y-axis represents the mean absorbance. There is a significant increase in the mean absorbance from lower concentration to higher concentrations. ( $p < 0.05$ ) (One Way anova followed by Tukey's post hoc test was done to compare the mean absorbance of *A. webbiana* at different concentrations).

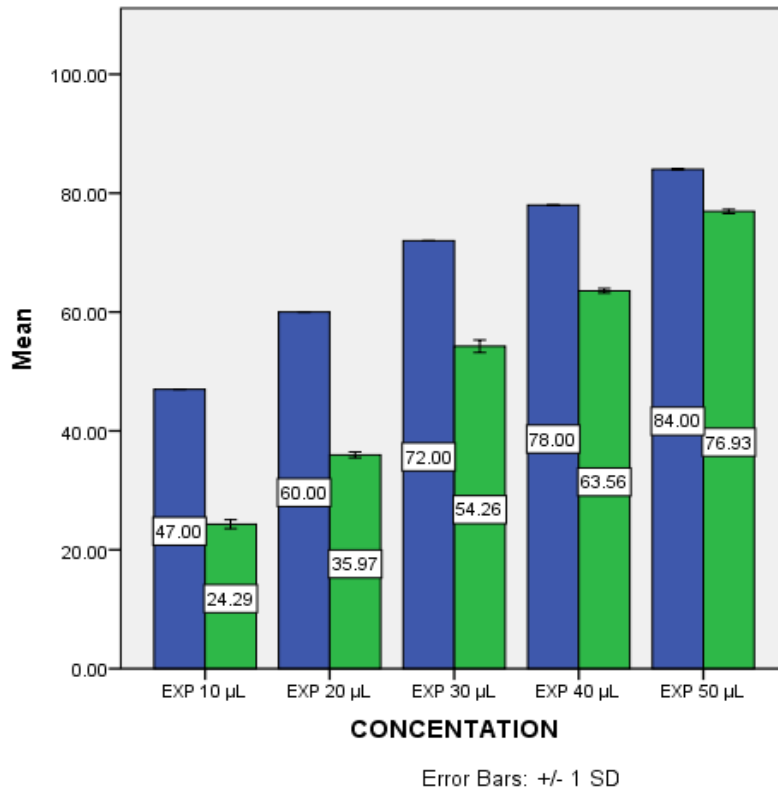


Fig. 1. Anti-inflammatory property of *A. webbiana*

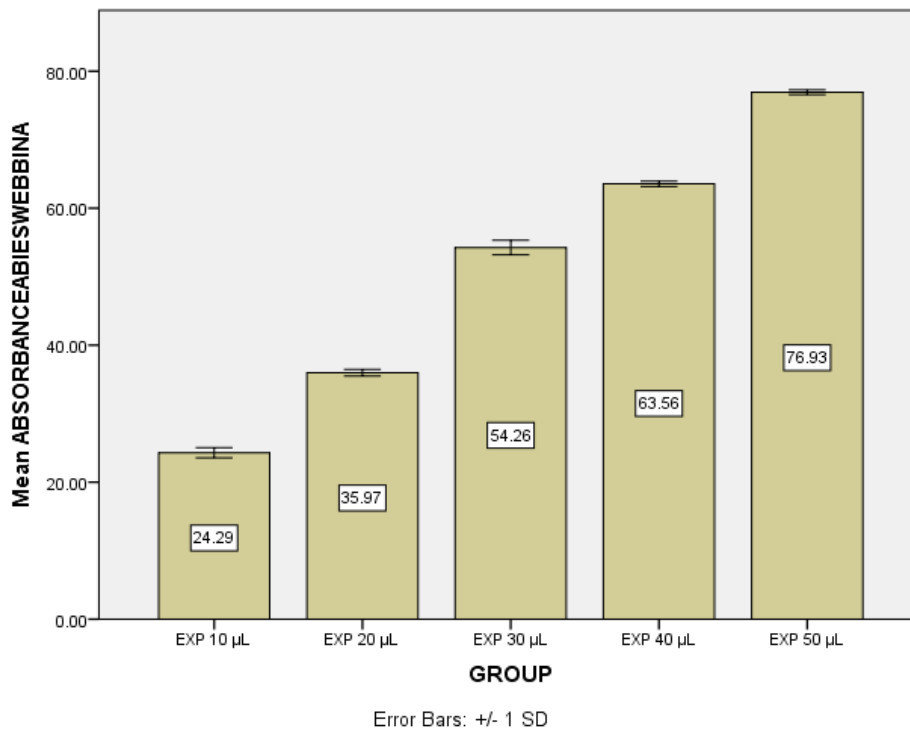


Fig. 2. Mean absorbance of *A. webbiana* at different concentrations

#### 4. DISCUSSION

In this study, we evaluated the anti-inflammatory activity of *A. webbiana* at different concentrations such as 10 µL, 20 µL, 30 µL, 40 µL and 50 µL. We had also compared the anti-inflammatory activity of *A. webbiana* with an NSAID (diclofenac), which was used as a standard. The current study showed that the anti-inflammatory activity of *A. webbiana* was comparatively lesser than the standard (diclofenac). However, as the extract concentration increased, the anti-inflammatory activity also increased in a concentration-dependent manner.

The current study has used diclofenac as the standard to compare the anti-inflammatory of *A. webbiana* with. Diclofenac sodium is one of the most common choices of medication for treating acute inflammatory conditions and pain [50]. It works by inhibiting the cyclooxygenase (COX) pathway and thus preventing the synthesis of prostaglandin and other eicosanoids [51]. Diclofenam acts as a potent anti-inflammatory agent and as an analgesic, but the requirement for frequent dosing due to the rapid elimination rate was anticipated to potentially compromise the tolerability of diclofenac [52].

The study shows the efficacy of *A. webbiana* as an anti-inflammatory agent at different concentrations. The results showed that *A. webbiana* was less potent than diclofenac but its efficacy increases when the concentration of the extract increases. Similar studies were done on various other plants that exhibited anti-inflammatory properties of its leaves and fruit extracts. From phytochemical investigation, biologically active principles such as flavonoids, tannins, phenolic compounds, and phytosterols in plants are revealed. It is suggested that one of the above constituents or a combination is responsible for producing the analgesic and [53] anti-inflammatory effects. Few studies show that the anti-inflammatory property of *A. webbiana* might be due to flavonoids or even steroids that are present in them [54,55].

Further studies are in progress to isolate and characterize the active principle from the leaves and even other parts of *A. webbiana* [56,57]. Researchers suggested that these plant extracts may have a reasonable safety margin with regard to acute toxicity hence justifying that it can be widely used for various purposes [58]. Anti inflammatory activity of *A. webbiana* has not been reported in many studies in literature. It was

only studied on rats [53]. There are several other properties of *A. webbiana* such as antimicrobial and antitumor agents as well used in ayurveda [59].

In the present study the anti inflammatory effect was evaluated using albumin denaturation assay. Several other assays, such as membrane lysis assay and lipoxygenase inhibition assay, confirm the anti-inflammatory activity of any plant extracts [60]. Albumin denaturation assay is a cheap, easy yet effective method to find out the anti-inflammatory activity of plant extracts. Similar studies were done on various other plants such as *F. racemosa* and *M. scandens* and they have shown similar results [61]. The efficacy of the plant extract always increases with the increase in the concentration of the extract. Studies have also used different NSAIDs such as ibuprofen as studards [62,63]. The same study can be done using different methods of extract preparation, different assays as well as by using different NSAIDs as standard to obtain more value to this study [64-77]. Since many chronic inflammatory conditions demand long term usage of anti-inflammatory agents the herbal formulation will be a viable alternative to long term non steroidal anti-inflammatory therapy. Further research on isolating different components may be undertaken and may be incorporated into existing anti-inflammatory herbal compositions to improve their efficacy. Promising results regarding the anti-inflammatory effect of *A. webbiana* can be further validated with future in vivo studies to find the safe and effective concentration for clinical usage.

#### 5. CONCLUSION

Traditional medicines have been utilised as natural therapeutic cures for thousands of years all across the world, and it is widely understood that their efficacy is due to various ingredients. This study found that *Abies webbiana* has anti-inflammatory properties, and these pharmacological activities also give pharmacological support for the traditional use of *Abies webbiana* for therapy. From this study, it can be concluded that the *Abies webbiana* extract exhibited potent anti-inflammatory activity equal to standard diclofenac sodium.

#### DISCLAIMER

The products used for this research are commonly and predominantly used in our research area and country. There is absolutely

no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

## CONSENT AND ETHICAL APPROVAL

It is not applicable.

## COMPETING INTERESTS

Authors have declared that no competing interests exist.

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